

INTERNATIONAL FEDERATION AERIAL SPORT

ART
version

RULES

ARBITRARY PROGRAM OF PERFORMANCES



The Rules are developed:
the "International Federation Aerial sport" Methodological Committee

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1. ABBREVIATIONS AND ACRONYMS

IFAS – International Federation Aerial sport

ART – “Artistic” nominations

2. TOURNAMENT NOMINATIONS

2.1. Aerial sport tournaments among adult age categories are held in the following categories:

Type	Category	Designation					
		Pole ART	Aerial Silks ART	Aerial Hoop ART 1/2	Aerial Cube ART 1/2	Original Equipments	
Solo program		APASA	AASSA	AAHSA	AACSA	AOESA	
Adults 18 – 29 years							
A	Women	APASAW/1-A	AASSAW/1-A	AAHSAW/1-A	AACSAW/1-A	AOESAW/1-A	
	Men	APASAM/1-A	AASSAM/1-A	AAHSAM/1-A	AACSAM/1-A	AOESAM/1-A	
B	Women	APASAW/1-B	AASSAW/1-B	AAHSAW/1-B	AACSAW/1-B	AOESAW/1-B	
	Men	APASAM/1-B	AASSAM/1-B	AAHSAM/1-B	AACSAM/1-B	AOESAM/1-B	
C	Women	APASAW/1-C	AASSAW/1-C	AAHSAW/1-C	AACSAW/1-C	AOESAW/1-C	
	Men	APASAM/1-C	AASSAM/1-C	AAHSAM/1-C	AACSAM/1-C	AOESAM/1-C	
D	Women	APASAW/1-D	AASSAW/1-D	AAHSAW/1-D	AACSAW/1-D	AOESAW/1-D	
	Men	APASAM/1-D	AASSAM/1-D	AAHSAM/1-D	AACSAM/1-D	AOESAM/1-D	
Adults 30 – 34 years							
A	Women	APSSAW/2-A	AASSAW/2-A	AAHSAW/2-A	AACSAW/2-A	AOESAW/2-A	
	Men	APSSAM/2-A	AASSAM/2-A	AAHSAM/2-A	AACSAM/2-A	AOESAM/2-A	
B	Women	APSSAW/2-B	AASSAW/2-B	AAHSAW/2-B	AACSAW/2-B	AOESAW/2-B	
	Men	APSSAM/2-B	AASSAM/2-B	AAHSAM/2-B	AACSAM/2-B	AOESAM/2-B	
C	Women	APASAM/2-C	AASSAW/2-C	AAHSAW/2-C	AACSAW/2-C	AOESAW/2-C	
	Men	APASAM/2-C	AASSAM/2-C	AAHSAM/2-C	AACSAM/2-C	AOESAM/2-C	
D	Women	APSSAW/2-D	AASSAW/2-D	AAHSAW/2-D	AACSAW/2-D	AOESAW/2-D	
	Men	APSSAM/2-D	AASSAM/2-D	AAHSAM/2-D	AACSAM/2-D	AOESAM/2-D	
Adults 35 – 39 years							
A	Women	APSSAW/3-A	AASSAW/3-A	AAHSAW/3-A	AACSAW/3-A	AOESAW/3-A	
	Men	APSSAM/3-A	AASSAM/3-A	AAHSAM/3-A	AACSAM/3-A	AOESAM/3-A	
B	Women	APSSAW/3-B	AASSAW/3-B	AAHSAW/3-B	AACSAW/3-B	AOESAW/3-B	
	Men	APSSAM/3-B	AASSAM/3-B	AAHSAM/3-B	AACSAM/3-B	AOESAM/3-B	
C	Women	APASAM/1-C	AASSAW/1-C	AAHSAW/1-C	AACSAW/1-C	AOESAW/1-C	
	Men	APASAM/1-C	AASSAM/1-C	AAHSAM/1-C	AACSAM/1-C	AOESAM/1-C	
D	Women	APSSAW/3-D	AASSAW/3-D	AAHSAW/3-D	AACSAW/3-D	AOESAW/3-D	
	Men	APSSAM/3-D	AASSAM/3-D	AAHSAM/3-D	AACSAM/3-D	AOESAM/3-D	
Adults 40+ years							
A	Women	APSSAW/4-A	AASSAW/4-A	AAHSAW/4-A	AACSAW/4-A	AOESAW/4-A	
	Men	APSSAM/4-A	AASSAM/4-A	AAHSAM/4-A	AACSAM/4-A	AOESAM/4-A	
B	Women	APSSAW/4-B	AASSAW/4-B	AAHSAW/4-B	AACSAW/4-B	AOESAW/4-B	
	Men	APSSAM/4-B	AASSAM/4-B	AAHSAM/4-B	AACSAM/4-B	AOESAM/4-B	
C	Women	APASAM/4-C	AASSAW/4-C	AAHSAW/4-C	AACSAW/4-C	AOESAW/4-C	
	Men	APASAM/4-C	AASSAM/4-C	AAHSAM/4-C	AACSAM/4-C	AOESAM/4-C	
D	Women	APSSAW/4-D	AASSAW/4-D	AAHSAW/4-D	AACSAW/4-D	AOESAW/4-D	
	Men	APSSAM/4-D	AASSAM/4-D	AAHSAM/4-D	AACSAM/4-D	AOESAM/4-D	
Duets		APADA	AASDA	AAHDA	AACDA	AOEDA	
	Women	APADAW	AASDAW	AAHDAW	AACDAW	AOEDAW	
	Men	APADAM	AASDAM	AAHDAM	AACDAM	AOEDAM	
	Mixed	APADAMix	AASDAMix	AAHDAMix	AACDAMix	AOEDAMix	
Groups		APAGA	AASGA	AAHGA	AACGA	AOEGA	
	Women	APAGAW	AASGAW	AAHGAW	AACGAW	AOEGAW	
	Men	APAGAM	AASGAM	AAHGAM	AACGAM	AOEGAM	
	Mixed	APAGAMix	AASGAMix	AAHGAMix	AACGAMix	AOEGAMix	

2.2. Aerial sport tournaments among children's age categories are held in the following categories:

Type	Category	Designation					
		Pole ART	Aerial Silks ART	Aerial Hoop ART 1/2	Aerial Cube ART 1/2	Original Equipments	
Solo program		APAS	AASS	AAHS	AACS	AOES	
Children 5 – 6 years							
A	Girls	-	AASSCG/1-A	AAHSCG/1-A	AACSCG/1-A	AOESCG/1-A	
	Boys	-	AASSCB/1-A	AAHSCB/1-A	AACSCB/1-A	AOESCB/1-A	
B	Girls	-	AASSCG/1-B	AAHSCG/1-B	AACSCG/1-B	AOESCG/1-B	
	Boys	-	AASSCB/1-B	AAHSCB/1-B	AACSCB/1-B	AOESCB/1-B	
C	Girls	-	AASSCG/1-C	AAHSCG/1-C	AACSCG/1-C	AOESCG/1-C	
	Boys	-	AASSCB/1-C	AAHSCB/1-C	AACSCB/1-C	AOESCB/1-C	
D	Girls	-	AASSCG/1-D	AAHSCG/1-D	AACSCG/1-D	AOESCG/1-D	
	Boys	-	AASSCB/1-D	AAHSCB/1-D	AACSCB/1-D	AOESCB/1-D	
Children 7 – 9 years							
A	Girls	-	AASSCG/2-A	AAHSCG/2-A	AACSCG/2-A	AOESCG/2-A	
	Boys	-	AASSCB/2-A	AAHSCB/2-A	AACSCB/2-A	AOESCB/2-A	
B	Girls	-	AASSCG/2-B	AAHSCG/2-B	AACSCG/2-B	AOESCG/2-B	
	Boys	-	AASSCB/2-B	AAHSCB/2-B	AACSCB/2-B	AOESCB/2-B	
C	Girls	-	AASSCG/2-C	AAHSCG/2-C	AACSCG/2-C	AOESCG/2-C	
	Boys	-	AASSCB/2-C	AAHSCB/2-C	AACSCB/2-C	AOESCB/2-C	
D	Girls	-	AASSCG/2-D	AAHSCG/2-D	AACSCG/2-D	AOESCG/2-D	
	Boys	-	AASSCB/2-D	AAHSCB/2-D	AACSCB/2-D	AOESCB/2-D	
Children 10 – 12 years							
A	Girls	-	AASSCG/3-A	AAHSCG/3-A	AACSCG/3-A	AOESCG/3-A	
	Boys	-	AASSCB/3-A	AAHSCB/3-A	AACSCB/3-A	AOESCB/3-A	
B	Girls	-	AASSCG/3-B	AAHSCG/3-B	AACSCG/3-B	AOESCG/3-B	
	Boys	-	AASSCB/3-B	AAHSCB/3-B	AACSCB/3-B	AOESCB/3-B	
C	Girls	-	AASSCG/3-C	AAHSCG/3-C	AACSCG/3-C	AOESCG/3-C	
	Boys	-	AASSCB/3-C	AAHSCB/3-C	AACSCB/3-C	AOESCB/3-C	
D	Girls	-	AASSCG/3-D	AAHSCG/3-D	AACSCG/3-D	AOESCG/3-D	
	Boys	-	AASSCB/3-D	AAHSCB/3-D	AACSCB/3-D	AOESCB/3-D	
Children 13 – 14 years							
A	Girls	-	AASSCG/4-A	AAHSCG/4-A	AACSCG/4-A	AOESCG/4-A	
	Boys	-	AASSCB/4-A	AAHSCB/4-A	AACSCB/4-A	AOESCB/4-A	
B	Girls	-	AASSCG/4-B	AAHSCG/4-B	AACSCG/4-B	AOESCG/4-B	
	Boys	-	AASSCB/4-B	AAHSCB/4-B	AACSCB/4-B	AOESCB/4-B	
D	Girls	-	AASSCG/4-C	AAHSCG/4-C	AACSCG/4-C	AOESCG/4-C	
	Boys	-	AASSCB/4-C	AAHSCB/4-C	AACSCB/4-C	AOESCB/4-C	
	Girls	-	AASSCG/4-D	AAHSCG/4-D	AACSCG/4-D	AOESCG/4-D	
	Boys	-	AASSCB/4-D	AAHSCB/4-D	AACSCB/4-D	AOESCB/4-D	
Juniors 15 – 17 years							
A	Girls	APASJG-A	AASSJG-A	AAHSJG-A	AACSJG-A	AOESJG-A	
	Boys	APASJB-A	AASSJB-A	AAHSJB-A	AACSJB-A	AOESJB-A	
B	Girls	APASJG-B	AASSJG-B	AAHSJG-B	AACSJG-B	AOESJG-B	
	Boys	APASJB-B	AASSJB-B	AAHSJB-B	AACSJB-B	AOESJB-B	
C	Girls	APASJG-C	AASSJG-C	AAHSJG-C	AACSJG-C	AOESJG-C	
	Boys	APASJB-C	AASSJB-C	AAHSJB-C	AACSJB-C	AOESJB-C	
D	Girls	APASJG-D	AASSJG-D	AAHSJG-D	AACSJG-D	AOESJG-D	
	Boys	APASJB-D	AASSJB-D	AAHSJB-D	AACSJB-D	AOESJB-D	
Duets (Children)							
	Girls	-	AASDCG	AAHDCG	AACDCG	AOEDCG	
	Boys	-	AASDCB	AAHDCB	AACDCB	AOEDCB	
	Mixed	-	AASDCMix	AAHDCMix	AACDCMix	AOEDCMix	
Duets (Juniors)							
	Girls	APADJG	AASDJG	AAHDJG	AACDJG	AOEDJG	
	Boys	APADJB	AASDJB	AAHDJB	AACDJB	AOEDJB	
	Mixed	APADJMix	AASDJMix	AAHDJMix	AACDJMix	AOEDJMix	
Groups (Children)							
	Girls	-	AASGCG	AAHGCG	AACGCG	AOEGCG	
	Boys	-	AASGCB	AAHGCB	AACGCB	AOEGCB	
	Mixed	-	AASGCMix	AAHGCMix	AACGCMix	AOEGCMix	

Groups (Juniors)		APAGJ	AASGJ	AAHGJ	AACGJ	AOEGJ	
	Girls	APAGJG	AASGJG	AAHGJG	AACGJG	AOEGJG	
	Boys	APAGJB	AASGJB	AAHSGJB	AACGJB	AOEGJB	
	Mixed	APAGJMix	AASGJMix	AAHGJMix	AACGJMix	AOEGJMix	

3. TOURNAMENT REGULATIONS

3.1. Tournament Regulations determine its nature.

3.1.1. Regulations shall indicate Tournament dates, place and program, the Organizer, as well as financial and prize conditions.

4. PARTICIPANTS OF THE TOURNAMENT

4.1. Tournaments can be held when registering 10 individual participants, two duos, or two groups.

4.1.1. Both women and men can be Tournament participants. For Participants of National Tournaments, a person shall be a citizen of the country of participation or to confirm his/her permanent stay in its territory.

4.2. The organizer of the Tournament, including the organizing committee, is prohibited from participating in the Tournament as a participant on the day when this participant has any direct relation to the organization of the Tournament.

4.3. Participants shall send an application for participation to the Organizer within the time limit indicated in the Tournament Regulations (see ART Manual).

4.4. The participant shall send the background music of his/her program per e-mail no later than 14 days before the date of the Tournament.

4.4.1. The file shall be sent in the “.mp3” format with the file name strictly indicated as “Surname and Name_unit_category and subgroup.mp3” (for duets and groups in the order of the names of the participants), for example: “0023w Sandra Smith.mp3”.

4.4.2. If the music is not given to the Organizer on time or there’s no name indicated in accordance with the requirements, the Participant is not allowed to participate in the Tournament. On the day of the Tournament, the participant shall have an electronic data storage device with background music and, in case of technical problems, give it to the Organizer.

4.5. The application shall be filled out completely and truthfully. The Organizer has the right to suspend the participant who has obviously submitted false information about himself/herself from participating in tournaments, and in case of repeated violation, to disqualify the participant from the participation for a period of up to 3 years.

The need to correct the submitted “Participant’s Application” (discipline, category of performance, age group, subgroup) through the fault of the applicant after the 1st publication of the Timing is considered as a separate additionally submitted “Participant’s Application” with the full payment of the new entry fee without discount. The previously paid fee is not refundable.

Applications for children's categories shall be sent by the responsible person (parents, trainer).

4.6. For participation in several categories, the applicant shall fill out a separate application form for each category and send all applications and their annexes through one e-mail message.

4.7. The participant determines the category in accordance with the Tournament Regulations on his/her own.

4.8. The Participant who took the 1st or 2nd place in Group “A” in previous national and international Tournaments organized by IFAS shall submit an application to Group “B”. This condition is applicable to Tournaments (stages of Tournaments) if 4 Participants or more took part in the category.

4.9. The participant (participant’s representative) pays the entry fee to the banking details of the registering committee only after receiving a positive response.

4.9.1. The entry fee shall be paid within the time limit approved in the “Participant’s Application”.

4.9.2. The entry fee of the Participant is not refundable, regardless of the reasons for the Participant’s refusal due to health reasons and other reasons.

4.10. If the Participant is unable to take part in the Tournament, he/she shall send a request to the Organizer by e-mail to cancel his/her participation no later than 30 calendar days before the date of the Tournament.

4.10.1. If the Participant has not sent a request to cancel participation within the time limit specified and has not appeared to participate in the Tournament, the Participant is not allowed to take part in the next stage of the Tournament of this competitive season or the next Tournament (if it is held 1-2 times a year).

4.10.2. In case of cancellation of participation later than 30 days before because of medical contraindications or for any other good reason, the Participant sends medical reports or other supporting documents to the Organizer's e-mail.

4.11. Terms of Participation on the day of the Tournament:

4.11.1. To participate in the Tournament, each Participant shall be present in person and have an identity document with him/her (a birth certificate for children's categories);

4.11.2. The participant is registering. During registration, the Participant is familiarized with regulatory documents and signs the Registration Report, the form of acknowledgement with the Tournament Regulations and with the Safety Rules;

4.11.3. The participant presents a certificate of insurance for the period of time of participation in the Tournament. The Organizer provides the Participant with the opportunity to apply for a certificate of insurance during registration on the day of the Tournament at an insurance company offered by the Organizer.

5. OBLIGATIONS AND RIGHTS OF PARTICIPANTS

5.1. The participant shall:

5.1.1. know the rules and comply with them strictly;

5.1.2. fill out the application correctly (see Instructional reference book).

5.1.3. send background music on time and pay the entry fee;

5.1.4. be ready to pay for his/her travel expenses, including travel and accommodation, and shall appear for participation in the Tournament on time;

5.1.5. be disciplined;

5.1.6. show respect to other participants, their representatives and guests, the Organizer and his team, sponsors and their products, gifts, judges and the results of the Tournament, IFAS, its members and leaders before and after the Tournament, as well as inform his/her representatives about this norm of these Rules.

5.2. During the Tournament, the Participant shall:

5.2.1. participate in the registration on his/her own or send his/her representative, but only upon agreement with the Organizer;

5.2.2. resolve all issues only with the help of his/her representative or trainer;

5.2.3. be ready for his/her performance no later than 10 minutes before it and be in the zone for participants to enter the stage;

5.2.4. be in the waiting area after the performance before the announcement of marks;

5.2.5. The participant warns the chief judge with the help of a representative or trainer if he/she cannot continue to participate in the Tournament no later than 15 minutes before his/her performance;

5.2.6. be available for photo sessions and promotions during the Tournament, give permission to use all materials at the discretion of the organizers on television, in print and online publications related to sports and aerial power athletics;

5.2.7. be in the rewarding zone no later than 5 minutes before the medal ceremony;

5.3. The participant has the right:

5.3.1. to compete in several categories of the Tournament that meet the requirements of the participant category in accordance with paras 2.1-2.3 of these Rules;

5.3.2. to check the stage before his/her performance;

5.3.3. to contact the "Secretary of the Panel of Judges" on issues of his/her interest through a representative or a trainer. Contact and communication with the judges of the Tournament is prohibited and guarantees disqualification for different periods of time;

5.3.4. to repeat the performance if technical problems occurred due to the fault of the Organizer – problems with sports unit, musical unit, etc. Repeated performances for other reasons are not allowed.

6. PERFORMANCE DURATION

6.1. The duration of performances is the same for children, men, and women of all age groups and it depends on the type of equipment:

6.1.1. The duration of performance in the “Pole ART (Pole Dance)” nominations is the following:

6.1.1.1. Solo – 2.30-3.30 min.

6.1.1.2. Duos and groups – 3.30-4.05 min.

6.1.2. The duration of performance in the nominations of “Aerial ART (all air nominations)” is the following:

6.1.2.1. Solo – 3.00-4.05 min.

6.1.2.2. Duos and groups – 3.30-4.05 min.

7. PARTICIPANT’S COSTUME

A sport costume means specially cut clothing, taking into account the fact that it is used at a public sports event and therefore shall comply with public moral and aesthetic standards, ensure freedom of movement, correspond to the style and nature of the program being performed.

Costume decoration is fixing on the fabric of the costume, shoes and in the hairstyle of any items, including applique patterns made of fabric of a different texture and other materials; embroidering, fancy rollers, thrum ends, rhinestones.

7.1. Before the start of the competition, the participant in the costume shall receive admission to the start of the registration commission. In case of violation, the participant will be asked to eliminate defects; if it’s impossible to do so, the participant will not be allowed to compete.

7.2. The upper part of the costume in public areas can be made of nude-colored material, but in this case it should be completely covered with rhinestones or stones. The chest neckline (decollete) should be no longer than the middle of the sternum. The upper part of the female costume should securely fix and completely cover the chest, nipples should not be visible.

7.3. The costume should completely cover the underwear, it should not be visible. The underwear contours should also not show up. The crotch should be at least 7 cm wide. There should not be any sewn or stuck elements on the crotch. It is forbidden to wear costumes with a closing on the crotch.

7.4. The lower part of the costume, made of nude-colored fabric is not allowed. The cut of the lower part of the costume should ensure that the vertical foss below the lower back, dividing the gluteal muscles (the intergluteal line), as well as the lower public area is not visible. It should ensure the closeness of the lower public area and buttocks throughout the program. The longitudinal seam in the lower part of the costume should not be strongly pronounced and point up the lower public area.

7.5. The costume should not be associated with a bikini and/or underwear. It is forbidden to use costumes depicting a naked body.

7.6. In places of contact with units, clothing should not be made of latex, leather and other materials that improve grip.

7.7. It is forbidden to wear overalls and rompers made of net. It is forbidden to use stockings. Overalls with fully “covered” feet are allowed.

7.8. The use of sharp decoration parts such as spikes, glass, pins, needles, etc. is prohibited. It is forbidden to use bedazzlers, beads, bugles and feathers in the decoration of costumes (with the exception of ethnic style costumes).

7.9. Men shall wear non-see-through trousers, tights or breeches, depending on discipline and category. The torso shall remain covered throughout the entire program (one can use athletic shirts and overalls, etc.).

7.10. It is forbidden to use religious symbols as a costume decoration.

8. HAIRSTYLE, MAKEUP, JEWELRY

8.1. The Participant's hairstyle should be shaped so that the neck area is completely open. Wigs and chignons are allowed.

8.2. Decorative cosmetics should be present; makeup should be neat and match the style of the program.

8.3. The makeup and hairstyle of the participant should remain unchanged throughout the performance (it is forbidden to smear makeup, apply it during the performance, let hair down or gather it during the performance, etc.).

8.4. There are allowed hair accessories that have a minimum size (for example, earrings with a size of up to 1 centimeter, small hairpins, elastic bands, etc.), all decorations on the head should be well-fixed.

8.5. It is allowed to wear bio-tattooing and mehendi drawings if the costume, venue and apparatus are not contaminated.

8.6. Tattooed and decorated body parts that are not covered by a costume for performance should not contain coarse language, obscene expressions, racial or sexual abuse, calls for inciting race or national hatred, mention of terrorist acts, propaganda of drugs and unhealthy lifestyles, signs of the sexual nature of actions. In case of violations, the Participant shall apply an external coating (patch) to cover the tattoo or decoration.

9. ACCESSORIES

9.1. Different types of shoes are allowed. These include gym half shoes, gymnastics shoes, ballet shoes, ballroom dance shoes, sneakers, folk dance shoes. It is also possible to perform barefoot. It is forbidden to use shoes with high heels or a high platform.

9.2. It is allowed to use of additional accessories such as hand fans, ribbons, chains, balloons, soft toys, hats, headbands, ties, etc.). The use of theatrical scenery is also allowed.

9.3. It is forbidden to use earrings that are larger than 2 cm, rings, bracelets, watches, chains, piercings, brooches, etc. In case if it is problematic to remove the piercing, it is allowed to perform with it after agreement with the duty doctor.

9.4. It is allowed to decorate hair styles using hairpins, decorative hairpins, invisible hairpins, elastic bands, banana clips, and sticky glitters for hair and body;

9.5. It is allowed to wear biotattoos, henna drawings, and body art if the costume, equipment, and stage are not stained;

9.6. It is prohibited to use open flame and any pyrotechnic products.

9.7. It is forbidden to use liquids, bulk solids (water, colored liquids, liquid paints, confetti, loose spangles, etc.) during the performance.

9.8. It is forbidden to use animals, birds, reptiles, or insects.

9.9. It is allowed to use substances that increase adhesion with the pole, for example, liquid magnesia. Products that include wax are strongly prohibited. In case the corresponding signs are identified (if after participant's performance, the polishing characteristics of equipment have changed), the results of performance will be nullified and participant will be disqualified.

9.10. It is strictly forbidden to apply substances increasing adhesion to sports equipment. Application of such substances to equipment is allowed only in the appropriate nominations if they are open to participation, for example, "Pole with Magnesia Coating" nomination.

10. BACKGROUND MUSIC

10.1. Musical composition should begin with a sound signal informing about the beginning of performance.

10.2. Music can be played on one or more instruments.

10.3. If the musical composition that is used contains words in any language, the lyrics should not include obscene remarks, abusive, offensive or libelous words. Apart from that, lyrics must not contain calls for forcible changing of the constitutional order, calls for inciting racial, national, and religious hatred, references to terrorist acts, propaganda of drugs, unhealthy lifestyles, hints of the actions that have sexual nature, propaganda of same-sex relationships, pedophilia, and other sexual abnormalities.

10.4. It is allowed to combine two or more musical compositions (making a "mix"). Musical fragments should be harmoniously connected and there should be proper transition between them. An illogical and rigid connection of musical fragments is not allowed.

10.5. The use of any styles and genres of sacred music is forbidden.

11. REPRESENTATIVES AND COACHES

- 11.1.** The organization that submits the Application for participation in the Tournament shall have its representative and register it simultaneously with the roster of the participants.
- 11.1.1.** The representative is an official. He shall know the Tournament Rules and Regulations and comply with them strictly, obey the requirements of the Chief Judge and the panel of judges.
- 11.1.2.** The representative is responsible for the behavior of the participants in his organization and all persons who serve the Participant;
- 11.1.3.** The representative solves the questions of the participants in respect of organizing and judging the Tournament;
- 11.1.4.** Upon the call of the Chief Judge, the representative participates in the meetings of the panel of judges;
- 11.1.5.** The representative may receive certificates of the results of the Tournament;
- 11.1.6.** The representative informs the participants and members of his organization about all decisions of the panel of judges;
- 11.1.7.** During the Tournament, the representative shall be at the stage;
- 11.1.8.** The representative is responsible for the readiness of participants to enter the stage, the neatness and preparedness of their costumes;
- 11.1.9.** The representatives and coaches are not allowed to be members of the judging panel in the category in which their participants perform;
- 11.1.10.** At the request of the organization, the duties of the representative may be performed by the participant's trainer or his legal representative;
- 11.1.11.** The representative and the coach are not allowed to prompt or give signals to the Participant during his performance.

12. PANEL OF JUDGES

12.1. The panel of judges of the Tournament is completed by the Organizer of the Tournament.

The panel of judges is composed of:

- chief judge;
- chief secretary;
- assistant judges – senior judge of the judging panel;
- judges of the judging panel;
- informing Judge;
- music judge;

12.2. Replacement of a judge may occur in case of his illness or other circumstance that does not allow the judge to continue to perform his duties.

13. CHIEF PANEL OF JUDGES

There are certified judging panels in the possession of the chief panel of judges.

- 13.1.** The minimum number of judges in a panel is 3 (three). The maximum is 12 (twelve) people.
- 13.2.** The Organizer of the Tournament is prohibited from being a member of the panel of judges.

14. CHIEF JUDGE

14.1. The chief judge shall:

- 14.1.1.** comply with the IFAS Judge Code strictly;
- 14.1.2.** know and comply with the Tournament Rules and Regulations;
- 14.1.3.** check the condition of the Tournament stage in advance;
- 14.1.4.** know the timing of the Tournament and the "Tournament Regulations".
- 14.1.5.** hold a meeting of judges before the start of the Tournament;
- 14.1.6.** hold a meeting with representatives of the Participants;
- 14.1.7.** check the availability of a medical first aid team;
- 14.1.8.** provide briefing for the informing Judge and the music judge;

14.1.9. submit a “Report on the Tournament” within 10 (ten) days after its end to the IFAS Presidium.

14.2. The chief judge has the right:

14.2.1. to make changes in the timing of the Tournament, if they aren’t contrary to the Tournament Rules and Regulations;

14.2.2. to cancel or temporarily suspend the Tournament, to postpone its running because of poor condition of the stage, unit or for other reasons that interfere with the running of the Tournament;

14.2.3. to demand an explanation from the Judges, if their actions or decisions are contrary to these Rules or the Judge Code;

14.2.4. to allow the participant to re-perform if there were technical problems through the fault of the Organizer;

14.2.5. to disqualify participants, representatives, coaches, judges who have committed unworthy acts or who have violated the Rules or ethical standards from participation in the Tournament.

15. JUDGES

15.1. Judge’s responsibilities:

15.1.1. The judge shall comply with the IFAS Judge Code;

15.1.2. The judge shall arrive at the venue of the Tournament in a timely manner;

15.1.3. The judge shall conscientiously fulfill his professional duties;

15.1.4. The judge shall fairly evaluate the performances of the participants in accordance with the Rules;

15.1.5. The judge shall not allow strangers to influence his work;

15.1.6. The judge shall not act ethically, sexually, religiously or nationally;

15.1.7. The judge shall not allow public opinion and criticism to influence the results of his work;

15.1.8. The judge shall be tolerant, polite, considerate and respectful towards the participants.

15.1.9. The judge shall demand similar behavior from all Participants and Representatives;

15.1.10. The judge shall not disclose information obtained while performing his duties;

15.1.11. The judge shall check the set of his judge’s folder;

15.1.12. The judge shall know all additional documents to the Rules and all instructional documents regarding judging;

15.1.13. The judge shall attend all judges’ meetings of the Tournament;

15.1.14. At the request of the senior judge, the judge shall present an individual protocol for verification during the Tournament;

15.1.15. The judge shall, in writing or verbally, to explain to the senior judge the reasons for the mark, which is significantly different from the marks of other judges;

15.1.16. The judge shall strictly observe the established dress code – a white top (blouse with a collar, shirt) and a dark jacket, a dark bottom (dress trousers), a tie, and black dress shoes.

15.2. Judges shall evaluate performances individually. Judges are not allowed to talk, gesture approval or censure both during and after the performance.

15.3. Judges are not allowed to talk and be distracted during the judging, to talk with participants, representatives and coaches, during breaks or to be in premises reserved for participants.

15.4. Judges are not allowed to record the marks of other judges of any category of participants.

16. INFORMING JUDGE

16.1. Appointed by the Organizer and is subordinated to him.

16.2. Manages the opening and closing of the Tournament, represents the judges of the Tournament, announces the order of the Tournament, calls the Participants to the stage for giving performance, announces the results of the Tournament, informs about the progress of the Tournament (breaks, replacing judges, changes in timing, etc.), conducts the medal ceremony.

17. TECHNICAL MANAGER

17.1. The chief manager appoints an executive manager for the participants. He is an assistant to the chief manager and works under his leadership.

17.2. The executive technical manager shall:

17.2.1. know the Rules, timing and documents of the Tournament;

17.2.2. check the technical documentation of the Tournament;

17.2.3. ensure the correct operation of the technical equipment of the stages, shall help the Participants and Representatives of the Participants in using this equipment.

18. SECRETARIES OF THE CALCULATING COMMISSION

18.1. The chief manager appoints the secretaries of the Calculating Commission of the Tournament.

18.2. The secretaries of the calculating commission shall get through briefing before the start of the tournament.

18.3. The secretaries of the calculating commission shall calculate the results of the performance using the working protocols of the judges.

18.4. The secretaries of the calculating commission check the work of electronic-computer technologies and the correctness of calculations.

18.5. The representative of the calculating commission collects the protocols of the judges and passes them to the secretaries, conducting the calculation of results. The secretaries record the results of each performance in the electronic system. The total score of each performance is recorded on a separate card and submitted to the informing judge.

19. TOURNAMENT STAGE AND ITS EQUIPMENT

Tournament stage and its equipment:

19.1. The composition of the stage for all categories of “Pole Sport”:

19.1.1. A 7x5 meter stage, covered with an elastic judo mat, should be equipped with two poles – static on the left and dynamic on the right. The height of each pole is 4.2 m; pole diameter is 42 mm.

19.1.2. Poles are installed at a distance of 3 m from each other. The pole material is polished stainless steel.

19.1.3. For the performance of children's categories, the equipment is fitted out with a height limiter at the level of 3.2 meters from the floor.

19.1.4. The categories “Duet” and “Group” are allowed to change the position of pole modes. For solo categories, changing modes is prohibited.

19.2. The composition of the stage for all categories of “Aerial Silks”:

19.2.1. A 4x4 meter stage made of soft judo or gym mats shall be equipped with a solid suspension with or without electrical traction.

19.2.2. The “aerial silks” equipment has a length of 8 meters and is fixed at a height of at least 6 meters using a rotary machine.

19.2.3. The use of the participant’s equipment is allowed.

19.3. The composition of the stage for all categories of “1st configuration Aerial Hoop”:

19.3.1. A 4x4 meter stage made of soft judo or gym mats shall be equipped with a solid suspension with or without electrical traction.

19.3.2. The “aerial hoop” equipment has 1 attaching point and 3 sizes (80 cm, 90 cm and 100 cm). The diameter of the equipment pipe is 25 mm. The equipment has a fabric tape coating.

19.3.3. The unit is fixed at the height of the Participant's outstretched arm, on a hard belt using a rotary machine.

19.3.4. The equipment has a round shape without bars, loops and other accessories.

19.3.5. The use of the participant’s equipment is allowed.

19.4. The composition of the stage for all categories of “2nd configuration Aerial Hoop”:

19.4.1. A 4x4 meter stage made of soft judo or gym mats shall be equipped with a solid suspension with or without electrical traction.

19.4.2. The “aerial hoop” equipment has 2 attaching points and 3 sizes (80 cm, 90 cm and 100 cm). The diameter of the equipment pipe is 25 mm. The surface of the equipment is processed by method of the mirror polishing. The equipment can be coated with fabric tape.

19.4.3. The equipment is fixed at the height of the Participant's outstretched arm, on a hard belt using a rotary machine.

19.4.4. The equipment is round in shape and may have bars, hinges and other accessories.

19.4.5. The participant can give performance on his equipments only after the conclusion of the chief judge.

19.5. The composition of the stage for all categories of “1st configuration Aerial Cube”:

19.5.1. A 4x4 meter stage made of soft judo or gym mats shall be equipped with a solid suspension with or without electrical traction.

19.5.2. The “Aerial cube” equipment consists of 12 metal pipes 84 cm long on the outside with a pipe diameter of 38 mm, has 1 attaching point. The unit has a fabric tape coating.

19.5.3. The equipment is fixed at the height of the Participant's outstretched arm, on a hard belt using a rotary machine.

19.5.4. The use of the participant’s equipment is allowed.

19.6. The composition of the stage for all categories of “2nd configuration Aerial Cube”:

19.6.1. A 4x4 meter stage made of soft judo or gym mats shall be equipped with a solid suspension with or without electrical traction.

19.6.2. The “Aerial cube” equipment consists of 12 metal pipes 84 cm long on the outside with a pipe diameter of 38 mm, has 2 attaching points. The surface of the equipment is processed by method of the mirror polishing. The equipment can be coated with fabric tape.

19.6.3. The equipment is fixed at the height of the Participant's outstretched arm, on a hard belt using a rotary machine.

19.6.4. The use of the participant’s equipment is allowed.

19.7. The composition of the stage of all “Original Equipment” nominations:

19.7.1. A stage of 4x4 meters made of soft tatami or gymnastic mats must be equipped with a secure suspension device with or without electric traction.

19.7.2. “Original Equipment” can have various shapes of chains, nets, spirals, etc.

19.7.3. The participant is allowed to perform using his/her own equipment only after the conclusion of the chief judge.

19.8. The stage where the Tournament will be held must have equipment for playing music recordings.

20. TOURNAMENT REGULATIONS

20.1. The order of performance of participants is determined by the Organizer using an electronic system of random numbers;

20.2. The tournament should be held no longer than three days. Each day of the Tournament begins no earlier than 8 (eight) hours in the morning and should be ended no later than 22 (twenty two) hours.

20.3. Before the start of the Tournament, warm-up time is provided for each category of participants.

20.4. The public-address announcer calls the participants for giving performance in their category, in the order of the numbers received. If a participant, duet or group does not enter the venue within 40 seconds (forty) after the call, he/she receives a default.

20.5. In case of a break due to unforeseen circumstances for more than 30 (thirty) minutes, participants are given a new warm-up lasting 8 (eight) minutes.

21. TERMINATION OF PERFORMANCE

21.1. The participant shall stop his/her performance at the signal of the chief judge or senior judge or in case of stopping the music at the request of the judge.

21.2. The stop signal for the participant is stopping the background music. The same applies to cases when a participant interrupts the performance on his own due to injury or unexpected damage to the costume without a signal from the senior judge of the judging panel. In this case, the participant leaves the stage without giving reasons for stopping the performance.

21.3. If a duet or group started their performance, then no replacements in the roster of players are allowed. Officially registered odd participants of a duet or a group may replace the participant if the performance is stopped by the senior judge of the judging panel due to injury.

21.4. If a participant, duet or group cannot finish the performance, then the performance is not evaluated.

22. EVALUATION OF THE COMPETITION PROGRAM

- 22.1.** In order to evaluate performances according to the “*Complexity and Technology*” Protocol, 5-point scoring system is used.
- 22.2.** In order to evaluate performances according to the “*Performance*” Protocol, 10-point scoring system is used.
- 22.3.** After each performance in any category, every judge submits to the calculating commission arbiter protocols, which indicate the number of the participant, his/her first and last name or the name of the duet or group, the serial number of the judge in the judges panel and scores given by him/her.
- 22.4.** General Performance Evaluation Protocol is presented to a participant during the award ceremony.

23. PARTICIPANT APPLICATION FORM AND SCORING RULES

- 23.1.** The rules for the preparation of the competitive program and the rules for scoring are given in the instructional Manual.

24. PROCEDURE FOR PARTICIPANT'S DISQUALIFICATION

- 24.1.** The participant may be disqualified during the tournament only by decision of the chief judge.
- 24.2.** The decision of disqualification is presented to the participant's representative.
- 24.2.1.** Political and religious offence - **1 – 5 seasons.**
- 24.2.2.** Accidental or intentional removal of costume parts - **1 – 5 seasons.**
- 24.2.3.** Offending other participants, judges, organizers, members of the organizing committee, non-disciplined behavior of the participant, his/her representatives or guests during the tournament - **1 – 5 seasons.**
- 24.2.4.** Use of prohibited grip means on the participant's body or unit - **current Tournament.**
- 24.2.5.** Dissemination in society by the participant or his/her representatives, guests of the tournament or close friends and relatives of the participant (verbally or using Internet resources, social networks before, during or after the tournament) of the adverse information about other participants, their representatives and guests, the results of the tournament, judges, competitive process and unit, the Organizer and his team, sponsors and their products / gifts, IFAS and its members - **1 – 5 seasons, either forever.**
- 24.2.6.** Positive results during medical tests and examinations before or after the Tournament – **forever.**

25. PROCEDURE FOR CALCULATING RESULTS

- 25.1.** Points received by each participant (duet, group) are entered by the secretaries of the calculating commission or electronic-computer program into the Participant's General Protocol.
- 25.2.** In the Tournament Protocol, all calculations are made and the final results for each participant (duet, group) are recorded.
- 25.3.** After the performance of each participant (duet, group) is ended and points are counted by the secretaries of the calculating commission or the electronic-computer program, the marks of the judges are announced by the informing Judge.

26. DETERMINATION OF FINAL RESULTS AND PLACES OF PARTICIPANTS

- 26.1.** The participant (duo, group) with the greatest total points takes the first place, the participant (duo, group) with the following total points – the second place, etc.

26.2. If two or more participants (duos, groups) have the same amount of points, then the Participants share the award-winning place.

26.3. If two participants (two duets, groups) share the first place in this way, then both of them take the first place, and the next participants are awarded with the 2nd, 3rd and the following places.

27. DECLARATION OF THE RESULTS

27.1. Final results of the Tournament are announced immediately after the performance of all participants of all categories, after calculation of the results and determining the prizes.

27.2. The tournament report shall contain the following information:

- place, date and time;
- size and technical parameters of the stage and its equipments;
- condition of the stage and its equipments;
- weather conditions (for open stages);
- the number of participants in each type and each category of the competition;
- seating of judges, composition of the panel of judges, surnames of the chief manager, executive managers and secretaries of the calculating commission;
- surnames of the participants and their age; the roster of teams (for team and individual-team tournaments);
- results of each participant (duo, group) and the final results of the tournament;
- results of the teams (for team and individual-team tournaments);
- surnames of the participants (duos, groups) who took three award-winning places.

27.3. The report on the Tournament shall be prepared by the Chief Judge within 10 (ten) calendar days after the last Tournament day and submitted to the organizer and to the IFAS presidium;

27.4. The report on the Tournament shall be available free.

28. AWARD CEREMONY FOR THE PARTICIPANTS, OPENING AND CLOSING OF THE TOURNAMENT

28.1. Winners are announced and awarded in accordance with the "Tournament Regulations" on the basis of the ranking of prize places of the participants.

28.2. Rewarding of the winners and teams is held at the end of all categories of the tournament. The team prize is awarded to the team captain.

28.3. The official ceremony of the tournament closing and competitors' parade are held on the last tournament day.

29. PHOTO AND VIDEO RECORDING

29.1. All photo and video materials belong to the organizer.

29.2. The participant has no right to demand compensation, remuneration and other conditions for photos, negatives and videos taken before, during and after the tournament.

29.3. The participant has the right to receive his photos for personal purposes, but has no right to use them for commercial purposes.

29.4. The participant agrees that all negatives, photos and videos can be used by the organizer for advertising and commercial purposes.

INTERNATIONAL FEDERATION AERIAL SPORT

ART
version



METHODOLOGICAL MANUAL

STAGING OF ARBITRARY COMPETITION
PROGRAMS



The Manual are developed:

the "International Federation Aerial sport" Methodological Committee

Approved by the IFAS Executive Committee in may 2020

1. APPLICATION FOR PARTICIPATION

1.1. Each Tournament Participant must pre-register in the prescribed form:

First and last name of the Participant (as in passport)	
Year of birth	
Country and City	
Name and surname of the representative (for categories under 18 years)	
The Name of Your school	
Sports experience of the Participant in other sports	
Phone number of the participant	+
Phone number of the representative	+

Age category of Participant	
Children 7 – 9 years (not pole)	
Children 10 – 12 years (not pole)	
Children 13 – 14 years (not pole)	
Juniors 15 – 17 years	
Adults 18 – 29 years	
Adults 30 – 34 years	
Adults 35 – 39 years	
Adults 40+ years	

Participant performance type	
Solo	
DUO. W\W	
DUO. M\W	
Groups	

Select the qualification of the Participant

AMATEURS (A)	
PARA (C)	

PROFESSIONALS (B)	
DEBUT (D)	

Selection a dance equipment (not raising)	
Pole Dance ARTistic	
Aerial HOOP ARTistic (1 mount)	
Aerial HOOP ARTistic (2 mounts)	
Aerial CUBE ARTistic (1 mount)	
Aerial CUBE ARTistic (2 mounts)	

Selection a dance equipment (not raising)	
Aerial Straps ARTistic	
Aerial SILKS ARTistic	
Aerial Loop ARTistic	
Original equipment	

I, (first and last name) _____ confirm that I have carefully read the rules and regulations "Name of the Championship", the rights and obligations of the participants and the organizer, they are clear to me and I agree with them.

Signature _____

In the event of my correcting this completed application, namely the amendment Disciplines, age, category or subgroup about which I have been informed the need to pay the full amount of the entry fee again

Signature _____

I confirm that I (my participant) have no medical prohibitions for exercise and sports

Signature _____

2. TERMS AND CONCEPTS

The following terms and concepts are used to devise a competitive program and evaluate it:

- 2.1. Pole ART** - acrobatic and choreographic exercises with the use of unit in the form of a long round tube that is vertically fixed from at least one end with a rigid or hanging hitch. During the performance at the Tournament, the participant must use two types of unit, static and dynamic ones.
- 2.2. Aerial silks** - acrobatic and choreographic exercises on long hanging canvases of medium stretch that are made of fabric.
- 2.3. Aerial Hoop (1st configuration)** - acrobatic and choreographic exercises on a metal piece of unit of regular round shape that has one attachment point and fabric tape coating.
- 2.4. Aerial Hoop (2nd configuration)** - acrobatic and choreographic exercises on a metal unit which does not have any coating and which is processed with the help of mirror polishing or has tape coating. It has a regular round shape and two points of hanger attachment.
- 2.5. Aerial Cube (1st configuration)** - acrobatic and choreographic exercises on an unit shaped like a regular polyhedron (cube) the edges of which are made of round metal tubes. This piece of equipment has one suspension point and fabric coating.
- 2.6. Aerial Cube (2nd configuration)** - acrobatic and choreographic exercises on an unit shaped like a regular polyhedron (cube) the edges of which are made of round metal tubes. This piece of equipment has two suspension points and fabric coating or it may have no coating.
- 2.7. Original equipment** - acrobatic and choreographic exercises performed on unit of different shapes that are attached with the help of the system of spring hooks and rotary machine.
- 2.8. The beginning and ending of performance** - acrobatic and / or choreographic combination of elements which is limited in time and which ends or begins in parterre.
- 2.9. Entries from the ground and lifts** - performing the elements through work with one's own weight, in which the Participant raises above the floor using a piece of equipment or moves up this piece of equipment.
- 2.10. Entries from the air** - performing the elements through work with one's own weight. While executing these elements, the Participant moves up the unit while demonstrating acrobatic and choreographic movements.
- 2.11. Original transition (entries/exits)** – entries/exits at the unit/floor in a non-standard (non-basic) way with the use of force or flexibility, as well as through executing acrobatic elements.
- 2.12. Stand** - static vertical position in which the body is placed upside down on the shoulder blades, head, forearms, and hand or hands.
- 2.13. Balance** - Maintaining body balance when performing exercises where the fixation is performed in relation to a central point or between two distant points.
- 2.14. Dynamics** is a variety of movements and actions in performing the elements.
- 2.15. Amplitude** - range of movements of different parts of the body in relation to one another or the movement of the whole body in relation to a piece of sports unit.
- 2.16. Musicality of performance** is a way of performing elements or exercises on sports unit, which reflects the harmonious correspondence of athlete's movements to the selected music and involves the performance in which the nature of the movements coincides with the nature of the music and matches the rhythm.
- 2.17. Holding the exercise** - performing a fixed position on the sports unit for 2 seconds.
- 2.18. Tear-off** - a series of actions in which the sports unit is moved downwards with a sharp movement, then fixed and the final position on the sports unit is taken.
- 2.19. Flip** - a rotational movement with a flight phase of 360° or more from the starting point over the head, getting on your feet and standing on the ground or on the unit.
- 2.20. Turning** - a turning movement along the vertical or horizontal axis through 180° or 360°, without separating from the starting point over the head from the unit and climbing on the feet, standing on the ground or on the unit.
- 2.21. Posture** - a tense and straight body ready to perform physical exercises.
- 2.22. Flexibility and splits** - the use of elements involving cross or forward splitting of 180° or more and elements with a high range of motion in the intervertebral joints.
- 2.23. Synchronicity in a duo** - the simultaneous and identical execution of elements by two participants.
- 2.24. Violations of control over movements** - involuntary movements of arms, legs and body and other non-logical actions (e.g. when the participant has forgotten the program or the subsequent element of his program) during the execution.
- 2.25. Repeat performance** - the repeated appearance of the competitor on the platform in the same category and with the same competition program, if the first performance ended earlier than expected.
- 2.26. Original combinations** - a set of three or more elements, each of which is held in a fixed position

2.27. Combination - a set of continuously executed elements where the starting position of each successive element is the end position of the preceding one.

2.28. Fall - uncontrolled ejection/breaking out of the equipment with subsequent landing on the ground.

2.29. Sliding - uncontrolled exit on the equipment with subsequent fixing to the projectile.

2.30. Elements on the ground floor - combinations of different elements logically connected according to the laws of composition and performed in parterre without the use of an unit. For "ART" nominations, parterre exercises include acrobatic, choreographic or dancing elements and combinations, jumps, balances, turns, swinging of legs, choreographic movements and simple movements with body parts and posture performed in parterre, as well as all other connected elements performed in rhythm.

This definition allows the performance of any elements and compositions (not necessarily of gymnastic or acrobatic nature) in parterre and will be judged by the jury according to the criteria of consistency, rhythmicity and freedom from error.

2.31. Transition - the leaving of one unit and the subsequent transition to another unit. The transition between the units is used only in the "Pole ART" category. The transition can include all exercises and combinations of different elements with which the competitor moves from one pole to another. Only 1 transition is allowed.

3. SCORING RULES (Difficulty and Technique)

No.	Name	Maximum number of points	Comments
1.	Difficulty and Technique		
1.1.	Proficiency level of working with equipment (the complexity of the selected elements and the ability to perform them) <u>5 points</u> – complex program, performed faultlessly; <u>4 points</u> – complex program, performed with uncertainties and faults; <u>3 points</u> – simple program, performed with uncertainties and faults.	5	
1.2.	Entry from the ground and ascent <u>5 points</u> – spectacular entries (not less than 2 on the same piece of equipment); <u>4 points</u> – diverse entries (not less than 2 on the same piece of equipment); <u>3 points</u> – monotonous entries.	5	
1.3.	Entries in the air (using the pole, involving tying) <u>5 points</u> – spectacular entries (not less than 2 on the same piece of equipment); <u>4 points</u> – diverse entries (not less than 2 on the same piece of equipment); <u>3 points</u> – no entries, just climbing.	5	
1.4.	Rotation <u>5 points</u> – rotation was present in most of the program; <u>4 points</u> – rotation was present in a smaller part of the program; <u>3 points</u> – minimal rotation.	5	
1.5.	Original combinations <u>5 points</u> – program involves 3 or more combinations of elements on each piece of equipment; <u>4 points</u> – program involves less than 3 combinations of 3 or more elements; <u>3 points</u> – program does not involve any combinations of 3 or more elements.	5	
1.6.	Flexibility and splits <u>5 points</u> – more than 2 stretching elements, more than 3 splits of more than 180°; <u>4 points</u> – less than 2 stretching elements, 3 splits of more than 180°; <u>3 points</u> – lack of stretching elements, splits of less than 180°.	5	

4. SCORING RULES (Execution)

No.	Name	Maximum number of points	Comments
2.	Execution		
2.1.	Beginning of the performance <u>10 points</u> – the beginning reveals the image of a character and intrigues; <u>5 points</u> – the beginning represents the image of a character but does not reveal it; <u>1 point</u> – the beginning of the program does not correspond to the chosen image or there is no image or story at all.	10	

2.2.	Revealing the image 10 points – The story is well presented, the Participant fascinates and holds viewer's attention throughout the performance; 5 points – The story and image are interesting, but the costume and music are mediocre; 1 point – The image is not revealed (costume and music do not match), the image and the story are absent.	10	
2.3.	Work in parterre 10 points – The variety of acrobatic, gymnastic, and choreographic movements in parterre; 5 points – Lack of the variety of acrobatic and dance exercises (including lack of interaction in duos and groups); 1 point – Lack of choreography, acrobatics, poor parterre.	10	
2.4.	Harmony of music and performance 10 points – The composition perfectly matches the selected music; 5 points – Lack of harmony in some parts of the performance, mismatch in emphases; 1 point – Music is only a background for a composition, lack of rhythm.	10	
2.5.	Ending of performance 10 points – The ending of the program is harmonious, the story is fully revealed; 5 points – The plot is not fully revealed when the program comes to an end; 1 point – The program does not look complete. The ending does not correspond to the rhythm, or the ending involves turning.	10	
2.6.	Synchronization of work in a duos / groups 10 points – the whole program is performed in a coordinated manner; 5 points – there was synchronicity, but minor faults were present as well; 1 point – synchronicity is minimal or absent.	10	

5. SCORING RULES (Penalty points)

No.	Name	Score	
Penalty points			
3.1.	Arms, knees, feet (extension and straight lines)	for every case	0,2
3.2.	Falling from the equipment		
	5 points – on the head, stomach, back;	for every case	5
	3 points – on the buttocks;	for every case	3
	2 points – on hands, knees; 1 point – on your heels.	for every case	2 1
3.3.	Sliding on the equipment	for every case	0,5
3.4.	Movement control	for every case	0.5
3.5.	Continuation of the performance after the end of the musical accompaniment	for every case	1.0
3.6.	Gripping fixture (including extra hooks, clutches, etc.)	for every case	0,5
3.7.	Costume and accessories (non-compliance with the rules)	Fixing costume during performance	1.0 (for each case)
		All penalties for violations of the requirements for the costume (problems with the hair style, falling of hairpins, etc.)	0.5 - 2 (for each case)
		The costume is stained with cosmetics	1
		for visible underwear and his absence	1 - 4
3.8.	Re-starting performance (not due to the fault of organizers)	once	30
3.9.	Wiping hands or other body parts (for example feet) on sports equipment	for every case	0,5

3.10.	Erotic movements or positions	for every case	3
3.11.	The image does not match the age of the Participant	once	10
3.12.	Equipment capabilities not used	once	3

6. PERFORMANCE STRUCTURE OF THE PARTICIPANTS

6.1. The Participant must perform a competitive program with the musical accompaniment which has an acrobatic and choreographic nature and meets the following requirements of the ART.

6.1.1. For all Pole ART Juniors nominations, it is forbidden to perform various types of flips that involve jumping to the floor from the unit and taking hands off the piece of equipment.

6.1.2. For all types of children's programs, it is prohibited to jump from the upper arc of the aerial hoop to the lower arc while simultaneously taking both hands off the piece of equipment.

6.1.3. For all types of children's programs, exercises that involve quick turning on the aerial hoop are allowed only on its lower part.

6.1.4. For all types of children's programs involving the use of aerial silks, all elements of slides and coming off must be performed only at the safe height. The height that is twice bigger than the height of the Participant is considered safe.